

	Activity								
When	Reading	Courses & Course work	Site visits	Design Practice, Projects	Practical experience	Theory in action, Home projects	Complementary Criteria	Teaching	People Care & Zone 00
Pre 2006		BSc Environmental Science, Environmental Management, Introduction to Permaculture, various sustainable construction,	Plants for a Future, Avalon Gardens, Broad Park Farm, Bridge Farm, the White Field, Kleine Aarde,		Organic gardening, 1 day cob, Environmental Management Systems, willow structures course	Green roof, restore stone wall with lime mortar	<u>Dissemination:</u> incorporate slides into environmental management / awareness training <u>Costing:</u> green roof, <u>Planning / community:</u> organising work party <u>Community:</u> Set up Trelowen Sustainable Living Project	Waste minimisation, Environmental Management Systems, Environmental awareness, Internal auditing	
Jan-06	Ongoing: Patrick Whitefield - Earth Care Manual, Bill Mollison - Permaculture	SLU: soil, ecological principles, organic horticulture Wood fuel	Ragmans, Dragon Orchard		Ragmans: willow pollarding, tree planting				
Feb-06			Pentiddy		Pentiddy: tree planting &				
Mar-06		Wood fuel seminar	Coombe		Coombe: hedge planting				
Apr-06		SLU: Sustainable Forestry; Industrial symbiosis					<u>Dissemination:</u> Wrote Green roof case study		
May-06		Renewable energy							
Jun-06		SLU: Permaculture Design Course	(Stara woods)	Ragmans Lane Farm whole farm design		Draught proof front door,			
Jul-06	Ben Law, Woodland Way	SLU course work	Straw bale house. (Agroforestry Research Ass.)	1. Trevecca, home garden					

Aug-06		SLU course work, PC convergence Dorset	Big Green Gathering, New Barn visitors centre	2. Jim & Kate Carfrae					Network PC convergence
Sep-06	David Holmgren, Principles	csbt, Make your own solar panel	Trevalon Orchard Co-op	3. Dartmoor Retreat Reedbed Treatment System (Okehampton		(Rainwater harvesting system - toilet)		Assist teach Rob Hopkins PC unit in energy descent skills	
Oct-06			Frank & Caz, Penzance	4 Home heating		(Apply design process to lifestyle changes)	<u>Dissemination:</u> incorporate principles into Env Action NVQ <u>Costing:</u> Reedbed & EA consent	Assist Sarah Pugh teach PC intro weekend Penzance	Reiki exchange
Nov-06		Renewable energy, Bristol SW PC convergence, Energy vulnerability for business		(Landulph School)			<u>Dissemination:</u> PC intro Groundwork staff meeting	45 minutes intro session incl design	Network SW convergence: Chris Johnstone w/s, email contacts from PC convergence, NLP motivation w/s, Reiki Tarot
Dec-06		Change the dream, make Thunderbox compost Loo,	Landmatters	5. Trevenna Farm		Insulate loft with sheep's wool, curtains over doors	<u>Dissemination:</u> intro info in James Wharram Environmental report		Mentoring session Naresh, action learning email & request to group
Jan-07			Bowden House						
Feb-07		Futerra master class: Effectively communicating Climate Change		6. PC intro course design		sowing		planning meetings with Reeka	
Mar-07	Ben Law, Woodland Way	Csbt cladding, wood shingles	Tino Rawnsley Sawmill, solar kiln			asparagus planting,		Kim fruit planting, assist George PC intro	start monthly emails to action learning group
Apr-07				(Mark & Bridget's)		install chestnut posts for espalier apples, start new raised beds		assist Rob Hopkins, Skilling up for Powerdown, (PCD w/e 1)	(diary of personal development & awareness of self and PCD group)

May-07						(Clay oven)		SU4PD assist Rob Hopkins	(teaching incl personal development & change process)
Jun-07						rainwater tanks in position		SU4PD assist Rob Hopkins	(review meetings after teaching)
Jul-07			Otter Farm, Honiton			(Composting toilet)		SU4PD assist Rob Hopkins	
Aug-07		Pole barn raising	Big Green Gathering & PC crew camp	7. Whiteford, renewable energy	Pole barn raising, summer prune espaliers		<u>Dissemination & Symmetry</u> : talking to people at PAB stall BGG, <u>Community Building</u> : Transition	assist Sarah Pugh teach PC intro seminar, BGG	5 rhythms, ecstatic dance BGG
Sep-07		The Work That Reconnects	Monkton Wyld, Agroforestry Research Trust, Dartington	8. Trevalon	tie in espaliers		<u>costing</u> : rainwater harvesting	SU4PD assist Rob Hopkins	The Work That Reconnects. Start Co-counseling training
Oct-07		Solution Focused Communication	The Hollies, Kinsale College	(Industrial site) (Ginsters)					Solution Focused Communication
Nov-07		Plant allies, Frank Cook	Scumacher College	9. (Diploma accreditation process and presentation)	teach pruning, planting, mulching at Chyan			intro course Chyan, WEA Bodmin	Naresh co-mentoring meeting
Dec-07							<u>Dissemination, symmetry</u> : submit intro course design to PC Weeks		
Jan-08		Thatching, Transition Training	Keigwin & Higher Keigwin Farm, Morvah		thatching	rainwater harvest system work out pipework		intro course Transition Penwith. (start Teach SU4PD Totnes), short intro on TT	Inner work part of Transition Training
Feb-08		(Strawbale building)							
Mar-08		Plant allies, Frank Cook	Scumacher College	9. Le Coty					

